



ESTANCIA VIK JOSÉ IGNACIO

SPRING BREAK



DAY 1



ARRIVAL: Transfer to Estancia Vik José Ignacio.

MORNING: Take part in a bike tour of the Quartz Field. Keep an eye out for Estancia Vik's Ñandú, an ostrich native to South America.

LUNCH: Indulge in a picnic lunch in the open Quartz Field while enjoying views of Laguna José Ignacio, Faro José Ignacio and the Atlantic Ocean.

AFTERNOON: Enjoy exploring the wild nature during a canoe ride along the Laguna José Ignacio, where fish and flamingos are often seen in their natural habitat.

SUNSET: Julian Trotte, pastry chef for Vik Retreats, will lead guests in a hands-on baking workshop.

DINNER: Dinner at Estancia Vik.

LATE NIGHT: Head to the South Garden for star gazing and a late-night swim in the pool.

DAY 2



BREAKFAST: Enjoy breakfast at your leisure.

MORNING: Visit the Village of Faro José Ignacio by foot or bike. Make a stop at the stunning light house, explore the coast during a half-hour walk around the peninsula or unwind enjoying a yoga class at the Yoga Shack. Organic cooking class and Spanish lesson at La Susana beach club & restaurant.

LUNCH: Lunch will be served at La Susana following the cooking class.

AFTERNOON: Take part in your choice of water sports, including waterskiing, surfing, kitesurfing or paddle boarding.

SUNSET: A natural juices workshop will be offered at Playa Vik, while enjoying one of the best sunsets on the planet. Relax and take in the spectacular sunset or join us for a sunset horseback ride at Estancia Vik.

DINNER: Dinner at a local José Ignacio restaurant.

DAY 3



BREAKFAST: At your leisure.

MORNING: Polo lessons at Estancia Vik will be offered to players at every level, followed by a guided visit of the colonial village of Garzon.

LUNCH: Enjoy lunch at your leisure.

AFTERNOON: One of Vik Retreat's featured artists will offer a workshop for both children and adults where you will learn about the properties' extensive art collection and participate in a project of your own. The afternoon will also include paintballing and a VIK wine tasting at Estancia Vik.

DINNER: Experience a traditional Uruguayan Asado BBQ at Estancia Vik.

DAY 4



BREAKFAST: At your leisure.

MORNING: A community service opportunity will be offered, which will involve visiting one of the local organizations supporting Uruguay's children in need.

LUNCH: Visit the Atchugarry Foundation and Pablo Atchugarry's artist atelier. Guests will also be free to explore the towns of Manantiales and La Barra, followed by lunch at a local restaurant.

AFTERNOON: Horseback, mountain bike or drive along the farm roads of Estancia Vik to O33 to discover the olive oil production process and enjoy an olive oil tasting. Adults indulge in a one-hour massage treatment at Estancia Vik at your convenience.

EVENING: Prepare gnocchi and other Vik Retreats specialties alongside Head Chef Marcelo Betancourt.

DINNER: Enjoy the dinner you have prepared and practice Spanish with our staff.

DAY 5



DAY 6



BREAKFAST: At your leisure.

MORNING: Practice your Spanish with the local fishermen on a guided visit to choose your dinner.

LUNCH: Beach volleyball and other games. Lunch in the dunes at La Susana.

DINNER: A special BBQ will be hosted at Playa Vik, where you will enjoy the fresh fish you selected earlier in the day.

BREAKFAST: At your leisure.

Enjoy your last day doing activities on your wish list.

Check out and departure.

SPECIAL COLLEGE BOUND WEEK: Integrated with Spring Break Activities

Writing for Tomorrow - Writing and Admissions Workshop Available for High School and College Students

Nicholas Garrison and his team of professional writers, writing coaches, and college admissions consultants offer an intensive workshop that prepares students for college and graduate school applications.

- High School freshmen and sophomores will fine tune basic writing techniques and develop personal narrative & self-exploratory writing abilities.
- High School juniors and seniors will build those same skills and leave the program with at least one edited Common Application essay draft.
- College Students applying to Graduate School will receive hands-on help refining essay narrative content and formulating essay structures that will produce the best admissions results.

*Mr. Garrison's clients have consistently achieved their admissions goals, gaining acceptance to Undergraduate and Graduate programs at Harvard, Stanford, Yale, MIT, Columbia, Brown, Berkeley, and Cal Tech, among other top institutions.

Contact us for more information on special college programs at Vik Retreats.

The program includes 5 nights' accommodation at Estancia Vik and all listed services and activities as per the above schedule* including only meals at Vik Retreats with non-alcoholic beverages (plus one glass of VIK wine during lunches and dinners for adults only).

*Access to all services and facilities at Vik Retreats, including horseback rides, paintballing, bikes, canoes, sea kayaks, golf practice area, swimming pools, gym, WIFI, Nintendo Wii, ping pong, darts and board games.

Additional cost for transfers to/from Montevideo airport, upgrade to Master Suites, additional nights and activities beyond program (additional polo lessons, massages, waterskiing, surfing, kitesurfing, paddle boarding and art activities, as well as for meals not held at Vik Retreats).

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